

**VETERANS TIME TRIALS ASSOCIATION**

**(KENT GROUP)**

**10 Mile Time Trial**

***Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations***

VTTA Kent Group Championships

**Course Q10/1**

**Ham Street – Cloverleaf – Johnsons Corner (A2070)**

**Sunday 30 July 2022 at 07.00**

**START SHEET**

**Timekeeper:**

**Start: Mick Morris – CC Bexley**

**Finish: Mark Vowells – San Fairy Ann CC**

**Awards - Veteran Rider**s

1st on age standard £40

2nd on age standard £30

3rd on age standard £20

Fastest Male Vet on actual time £15

Fastest Female Vet on actual time £15

1st Club Team of two on Age Standard £10 each

**Awards - Non-Veteran Riders**

Fastest Male £15

Fastest Female £15

Please note that VTTA members only are eligible for the veterans’ awards listed above (including those on actual time). If you are over 40 and not yet a VTTA member, you can become eligible for these vets’ awards by joining the VTTA online before the date of the event at: vtta.org.uk and bringing proof of membership with you on the day.

**VTTA EVENT SECRETARY:** Colin Ashcroft, 127 Upton Road, Bexleyheath DA6 8LS

Mobile 07860459464

Email – colin.ashcroft@outlook.com

**COMPETITORS NOTES**

**Covid-19 is still very much present and the CTT still have some guidance in place as follows:**

Competitors should not attend if they feel ill in ANY way especially if they, or family members have any CV19 symptoms.

An elevated resting heart rate, or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind, and that they should DNS and leave immediately and not go to the start line if they feel this is the case. Any competitor where the above is relevant should obtain a lateral flow test. Competitors are encouraged to undertake a lateral flow test prior to attending the event.

Any Positive Tests - The competitor should not attend the event.

Spectators and officials are encouraged to undertake a lateral flow test before attending the event.

1. **ALL** riders wear recognised protective headgear that meets an internationally accepted safety standard.
2. **WORKING** front and rear lights, either flashing or constant, **MUST** be fitted to the machine at the start.
3. Parking is **not permitted within 25 metres of the start** or at the finish.
4. The start is about half a mile from the event HQ, allow yourself sufficient time to ride there.
5. Riders must not warm up on the course after the start.
6. It would be appreciated if riders do not wear shoe plates in the HQ.
7. Numbers will be at the HQ and issued at signing on.
8. Numbers should be centrally positioned below the waist so as to be clearly visible from the rear.
9. Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with British Cycling to satisfy UCI, CTT and BC anti-doping regulations.
10. Whilst competing riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from any breaches in these regulations.
11. In the event of a rider having been found to have failed to comply with the pedestrian controlled lights between the Bridgefield and Cloverleaf RABs, that rider will be disqualified.

**EVENT HQ** – Ham Street Sports Pavilion, Ham Street, Ashford, Kent TN26 2JH.

**SIGNING ON**

Parking spaces are not allocated - please park as quickly and quietly as possible. Once parked, go to the pavilion, sign on and collect your race number, know your number and bring your own pen.

Changing facilities and toilets are available.

Turbo warmups are permitted as long as you can respect current social distancing rules.

**DIRECTIONS TO THE START**

Turn left out of the HQ car park onto The Street, Hamstreet. Ride straight on up the hill past Hamstreet Railway Station, after reaching the road bridge turn right into the link road, you will then see the start.

**AT THE END OF THE RACE**

Remember you must return to the event HQ as soon as possible, even if DNF, to sign out, return your number and check to see if you are required for **DOPING CONTROL**. Failure to sign out **WILL result in DNF**.

**RESULTS**

Do not approach the timekeeper after finishing.

Results will be available on the day and will be published as soon as possible.

You are encouraged to stay for the prize giving.

**COURSE DETAILS**

Ham Street – Cloverleaf – Johnsons Corner (A2070)

Start opposite the manhole cover approx 75 yards west of Junction between link road from Ashford Road (north of Hamstreet Village) and the A2070.

Proceed eastwards and turn left (M) onto A2070 and proceed North over Bridgefield RAB to Cloverleaf RAB, turn (M) and retrace south on A2070 to Johnson’s Corner where left (M) onto old A2070 towards Hamstreet village to finish approx 50 yards before bridge over Royal Military Canal. (distance 10.05 miles)

**START SHEET**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Name** | | **Gen** | **Cat** | **Club** | **Vet Std** | **LTS** | **Start** |
| **1** | Jeremy | Parker | M | Veteran | Gravesend CC | 00:27:07 | 00:22:04 | 07:01 |
| **2** | Liam | McLaughlin | M | Senior | Arctic Aircon RT |  | 00:23:04 | 07:02 |
| **3** | Rebecca | Wilson | F | Veteran | Rye & Dist Wheelers CC | 00:30:08 | 00:24:11 | 07:03 |
| **4** | Maria | Gammon | F | Senior | Ashford Whs |  | 00:26:09 | 07:04 |
| **5** | Mark | Doxey | M | Veteran | Abellio - SFA Racing Team | 00:27:12 | 00:20:53 | **07:05** |
| **6** | Chris | Hewitt | M | Senior | Oxted Cycle Club |  | 00:22:30 | 07:06 |
| **7** | Owen | Fletcher | M | Senior | Ashford Whs |  | 00:23:18 | 07:07 |
| **8** | Andy | Burrows | M | Veteran | Thanet RC | 00:31:20 | 00:24:45 | 07:08 |
| **9** | Jim | O’Leary | M | Veteran | GS Avanti | 00:28:30 | 00:30:13 | 07:09 |
| **10** | Nick | Dwyer | M | Veteran | DRAG2ZERO | 00:27:37 | 00:19:40 | **07:10** |
| **11** | Simon | Henderson | M | Veteran | Thanet RC | 00:27:44 | 00:21:49 | 07:11 |
| **12** | Christian | Yates | M | Veteran | East Grinstead CC | 00:27:44 | 00:22:32 | 07:12 |
| **13** | Glen | Whittington | M | Senior | Southborough & Dist Whs |  | 00:23:54 | 07:13 |
| **14** | David | Hodsman | M | Senior | Dulwich Paragon CC |  | 00:25:42 | 07:14 |
| **15** | Steve | Gooch | M | Veteran | Rye & Dist Wheelers CC | 00:27:24 | 00:20:46 | **07:15** |
| **16** | Paul | Turner | M | Veteran | 34 Nomads CC | 00:27:24 | 00:22:28 | 07:16 |
| **17** | Martin | Dickinson | M | Veteran | Thanet RC | 00:26:56 | 00:23:16 | 07:17 |
| **18** | Abbey | Thompson | F | Juvenile | Stonham Barns Prk –SYRT |  | 00:24:33 | 07:18 |
| **19** | James | Harrison | M | Senior | Hythe Cycling Club |  | 00:28:06 | 07:19 |
| **20** | Stuart | Hourigan | M | Veteran | VeloRefined Rule 5 | 00:26:42 | 00:19:37 | **07:20** |
| **21** | Pete | Elms | M | Veteran | VC Deal | 00:27:18 | 00:21:12 | 07:21 |
| **22** | Richard | Payn | M | Veteran | 34 Nomads CC | 00:27:37 | 00:22:53 | 07:22 |
| **23** | Hannah | Graveney | F | Espoir | AWOL O’Shea Worx |  | 00:23:40 | 07:23 |
| **24** | Shay | Giles | M | Veteran | VC Elan - Harry Perry Cls | 00:30:49 | 00:25:38 | 07:24 |
| **25** | Antony | Bee | M | Veteran | Wigmore CC | 00:27:37 | 00:20:35 | **07:25** |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Name** | | **Gen** | **Cat** | **Club** | **Vet Std** | **LTS** | **Start** |
| **26** | Paul | McDaid | M | Veteran | CC Bexley | 00:27:07 | 00:22:11 | 07:26 |
| **27** | Michael | Newman | M | Veteran | Ashford Whs | 00:27:44 | 00:23:11 | 07:27 |
| **28** | Paul | Flaherty | M | Veteran | VC Deal | 00:27:24 | 00:24:24 | 07:28 |
| **29** | Lesley | Newman | F | Veteran | Ashford Whs | 00:30:23 | 00:27:50 | 07:29 |
| **30** | Kevin | Tye | M | Veteran | VeloRefined Rule 5 | 00:27:51 | 00:19:01 | **07:30** |
| **31** | Peter | Robertson | M | Senior | Backpedal |  | 00:21:09 | 07:31 |
| **32** | Anthony | Westwood | M | Veteran | Gravesend CC | 00:27:24 | 00:22:40 | 07:32 |
| **33** | John | McDonald | M | Veteran | trainSharp | 00:27:30 | 00:23:35 | 07:33 |
| **34** | Debbie | Percival | F | Veteran | Kent Velo Girls/Boys | 00:30:31 | 00:25:05 | 07:34 |
| **35** | Stephen | Wilkinson | M | Veteran | TWB - On Time Race Tm | 00:27:24 | 00:20:25 | **07:35** |
| **36** | Mark | Gidney | M | Veteran | Southborough & Dist Whs | 00:27:51 | 00:22:09 | 07:36 |
| **37** | David | Greenwood | M | Veteran | Rye & Dist Wheelers CC | 00:27:30 | 00:23:10 | 07:37 |
| **38** | Martin | Simmons | M | C3 | C C C P | 00:27:24 | 00:24:20 | 07:38 |
| **39** | Fiona | Howarth | F | Veteran | VC Deal | 00:27:12 | 00:27:21 | 07:39 |
| **40** | Nicholas | Fennell | M | Senior | Thanet RC |  | 00:18:57 | **07:40** |
| **41** | Nick | Wilson | M | Veteran | Rye & Dist Wheelers CC | 00:27:44 | 00:20:59 | 07:41 |
| **42** | Huseyin | Vardal | M | Veteran | Gemini BC | 00:26:46 | 00:22:32 | 07:42 |
| **43** | Christopher | Bax | M | Veteran | Thanet RC | 00:29:19 | 00:23:27 | 07:43 |
| **44** | Tim | Miles | M | Veteran | Hastings & St. Leon CC | 00:30:35 | 00:27:15 | 07:44 |
| **45** | Jennifer | George | F | Senior | The Ind Pedaler - Nopinz |  | 00:20:17 | **07:45** |
| **46** | Andrew | MacPherson | M | Veteran | Kingsnorth Int Whs | 00:26:14 | 00:22:05 | 07:46 |
| **47** | Rob | Sparks | M | Senior | Ashford Whs |  | 00:23:08 | 07:47 |
| **48** | Kate | Thomas | F | Veteran | Lewes Wanderers CC | 00:28:47 | 00:24:18 | 07:48 |
| **49** | Robert | Giles | M | Veteran | PMR | 06:20:00 | 00:24:45 | 07:49 |
| **50** | Christopher | Fennell | M | Senior | The Ind Pedaler - Nopinz |  | 00:17:40 | **07:50** |
| **51** | Paul | Smith | M | Veteran | VeloRefined Rule 5 | 00:26:51 | 00:20:55 | 07:51 |
| **52** | Laurence | Toombs | M | Veteran | West Kent RC | 00:27:51 | 00:23:00 | 07:52 |